#### **Family Life Ministries Contact Information**

#### **Head Office & Counselling Centre**

1 Cecelio Avenue, Kingston 10, Jamaica, W.I. Tel. (876) 926-8101, 929-4360, 920-1034 Digicel: (876) 469-4608 Fax: (876) 960-8614 Email: fam.life@cwiamaica.com

#### **Port Maria Counselling Centre**

33 Warner Street, Port Maria, St. Mary Tel: (876) 994-2870

#### **Mandeville Counselling Centre**

37a Ward Avenue, Mandeville, Manchester Tel: (876) 625-6311

#### **Portmore Counselling Centre**

117 Cecile Avenue, Portmore, St. Catherine Tel: (876) 939-7917

#### **WEBSITE:**

www.familylifeministries jamaica.com

# What's On!

FAMILY LIFE MINISTRIES

MONTHLY PRAYER MEETINGS ON
THIRD SATURDAYS
AT 8:00—9:00A.M.

#### **Client Access**

Over 2,700 appointments were made over the period April to June 2012. Clients were seen at FLM counselling centres in Kingston, Port Maria, Mandeville and Portmore, as well as in private offices of Associates and in off-site locations requested by clients.

#### **Pro-Bono Activities**

FLM partnered with the NSWMA in June for Solid Waste Day Expo 2012. FLM Associates offered professional counselling to residents in the vicinity of the Riverton City dump site.

# PROGRAMMES AND ACTIVITIES OF FAMILY LIFE MINISTRIES

# Counselling Services – Workshop & Seminar Programmes

Family Life, Parenting workshops and Marital issues, Manager Coaching Sessions, Psychological testing.

#### **Radio Programmes**

**Family Time®**, a Discussion & Call-in programme on Love 101 FM radio;

**Let's Talk Family**, aired on The Breath of Change (TBC) Radio, Kingston, Jamaica

#### **Public Programmes**

Teaching programmes to Parents-Teachers Associations, Churches and other groups, addressing topics related to family life with an evangelical thrust.

#### **Research and Documentation**

Collects and disseminates information on family life in the Caribbean.

**Resource Centre:** Operates as a referral centre on family related concerns and sells books, magazines, audio tapes, CDs and DVDs.

#### **The Fitz-Henley Conference Centre**

Fully equipped training facility with seating for 100 persons, suitable also for functions and weddings

#### FINANCING OF THE MINISTRY

Family Life Ministries is financed by the gifts of individuals and organizations, and fees from services offered to clients. The ministry encourages those who are concerned about the growing deterioration of family life in our society to pledge a contribution in support of FLM. All contributions are tax deductible and the financial affairs are subject to annual external audits. Our auditors are Daly, Garrick, Daly.

## Thank You Partners!!

... For standing with us for over 28 years! Your prayers, financial gifts, visits and words of encouragement have been a blessing to us as we endeavour to make a difference in our Island nation, Jamaica.

## **FAMILY LINK**



# Quarterly Newsletter July-September 2012



## **FAMILY LIFE MINISTRIES**



The Roots of a Stable Family Go Deep into the Word of God.

Encouraging and actively promoting healthy Family Life in accordance with the principles of The Bible – God's Word, in Jamaica, the wider Caribbean and elsewhere.

Family Life Ministries (FLM) is a non-profit organization, established in 1982, in response to what seemed to be the persistent need to address the deteriorating situation with family life in Jamaica. The Ministry was incorporated as a registered company in 1984.

Our Ministry along with churches and other concerned organizations agreed that despite the work of individuals working alone or in tandem with organizations, the problems persisted and resources seemed limited to address the bourgeoning need.

Our goal is the improvement and development of a good quality family life through working to improve Interpersonal Relationships within the family unit.

Family Life Ministries seeks to involve as many Christian families as possible to work towards this mission-critical goal. It is by demonstrating their reliance on God's guidance in their own lives that we will influence and encourage the 'wholeness' that can be experienced.

Promoting the practice and teaching of biblical principles is a key to exerting our influence on the whole society, serving God through this ministry.



#### PRAYER FOCUS – Jamaica

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. 1 Timothy 2:1-2

- Nation's leaders their conversion and preservation, improved sense of truth and justice, Godly wisdom, moral responsibility to the Nation and its citizens
- National economy and employment opportunities
- Reduction in criminal activities
- Families experiencing the loss of loved ones
- •A return to healthy family values
- National safety and protection for every citizen

# In A Nutshell



## **Building Blocks of a Healthy Family**

by Dr. Barry Davidson, CEO Family Life Ministries

#### Words of wisdom from Solomon:

"By wisdom a house is built, and by understanding it is established; and by knowledge the rooms are filled with all precious and pleasant riches." (Proverbs 24:3-4)

- Our family will not be healthy because we buy the right things but because we become the right people.
- The Bible says we <u>need</u> only three essential ingredients to restore our family and make it healthy. These are –
  - 1. Wisdom
  - 2. Understanding
  - 3. Knowledge

### **Building Blocks of a Healthy Family**

- 1. Giving your children time and attention.
- 2. Expressing affirmation, warmth, and encouragement to your children
- 3. Teaching and modelling the right morals and values to our children
- 4. Parents must discipline with consistency
- 5. Stop living in a crisis mode!
- 6. Effective communication
- 7. Play and humour
- 8. Having a quality marriage
- 9. Faithful financial stewardship
- 10. Make prayer a priority for you and your family



### PORTMORE COUNSELLING CENTRE



Family Life Ministries has expanded into the Portmore Municipality with a new Counselling Centre located at 117 Cecile Avenue in Edgewater.

The Portmore Ministers Fraternal collaborated in an official opening ceremony under the distinguished patronage of His Excellency the Most Honourable Sir Patrick L. Allen, ON, GCMG, CD. The Ceremony was hosted by the Portmore Missionary Church on 2012 January 15. The event was well supported.

The centre officially opened its doors to the citizens of Portmore and adjoining communities on February 1. Since its



opening approximately 350 persons have requested appointments.



The Centre is managed by Dr. Hyacinth Peart, who is supported by a team of Associate Counsellors and an administrative staff. The centre is open to the public –

Mondays: 10:00am to 8:00pm

Wednesdays & Thursdays: 10:00am to 8:00pm

Friday & Saturdays: 10:00am to 6:00pm

(Closed on Tuesdays)